Respect is really important for everyone. When you show respect for people, you gain respect and trust for yourself. People who are respected and trusted become successful.

Besides respecting yourself and others, you also need to respect the environment the land we live on, the water we drink and the air we breathe.

Use what you learn about respect to help keep Planet Earth clean and safe.

www.therespectprogram.com

1-888-MASCARO
WHAT IS RESPECT?
Respect means treating people and things the RIGHT way. The Right way to treat people is treating other people the same way you want to be treated.

WHY IS RESPECT IMPORTANT?
When people respect each other, they get along better. They care about each other’s feelings. This makes everyone feel good about themselves and others.

YOU ARE RESPECTFUL:
• If you treat other people like you want them to treat you.
• If you think and care about people’s feelings.
• If you really listen when people talk to you.
• If you say “please” and “thank you” and really mean it.
• If you are nice to people who are different.
• If you say you’re sorry when you hurt someone’s feelings or when you behave improperly.
• If you make other people feel good about themselves.

WHO SHOULD YOU RESPECT?
RESPECT YOURSELF:
Self-respect means to care and feel good about yourself. You are special in your own way even if you are different from others. Respect your body – respect your health – respect your mind – respect yourself.

RESPECT YOUR FRIENDS:
Everyone is different on the outside, but inside we are the same. Just like you, your friends want to feel special. Show them respect even when they don’t agree with you. Try to be kind and considerate. If a friend wants you to misbehave, there are ways to say “no”. Being respectful does not mean doing something you know is wrong.

RESPECT YOUR PARENTS:
Your parents’ job is to help you grow up to be a good person. It’s a hard job. Respect and listen to your parents and help them when they ask. Remember, nobody loves you more than your parents. They respect you, they want you to feel good about yourself, and they want you to succeed.

RESPECT YOUR TEACHERS:
Teachers help you learn what you need to know. They are important people. You will have many teachers before you finish school. Respect your teachers by doing the best school work you can. They will respect you by being the best teachers they can be.

RESPECT PROPERTY:
The things that belong to you are your property. You show respect for your property by taking good care of it. You should also respect school and public property. When other people let you use their property, be careful not to break or lose it. Treat it with respect and always remember to return it.

RESPECT FOR AUTHORITY:
We have laws and rules to help us and to make us safe. The people who carry out the laws and rules have authority. You should respect these people. They help us live together. When you respect authority you make the world safer.

RESPECT THE ENVIRONMENT:
The environment is the world around us. Think of the world as your backyard – a REALLY BIG backyard, if you or others mess up your backyard, it could be ruined. It is very important to take care of the environment so our world stays a beautiful and safe place to live.

You will learn there are things you can do to protect our land, forests and animals, and to keep our water and air clean. Work hard to do these things. They will help keep your world clean and safe.